



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2018

Sporting Excellence in Karate

National Level

Francis Tiplady

This is to certify that Francis Tiplady is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Francis competed at National Championships throughout England in 2018 winning the medals and titles listed below:-

Championship Success - 8 Gold 3 Silver 3 Bronze

Yorkshire Open Championships - 11th February, Barnsley

Gold - Individual Kata

Shindo Kai Championships - 1st July, Barnsley

Gold - Individual Kata

Gold - Team Kata

Silver - Individual Kumite

Silver - Team Kumite

Bronze - Pairs Kata

North of England Championships - 30th September, Barnsley

Gold - Individual Kumite

Gold - Individual Kata

Bronze - Team Kumite



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Shindo Kai Championships - 18th November, Barnsley

Gold - Individual Kata

Gold - Team Kumite

Gold - Team Kata

Silver - Pairs Kata

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2018. Well done Francis.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



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